


Year N


Who looks after me?


What is a family? Are all families the same?


How are we different? How are we the same? Our school rules


What do these words mean? Respect, honesty


What makes me healthy? What makes me happy?


Transition Why change is important.


Year R

Transition and change Making new friends


Our school rules


Relationships, Health Education Curriculum EYFS and KS1

Year 1

Our special people


Recognising strengths and respecting differences



Making friends and getting along


Transition to year 1. Coping with change


Keeping healthy and why we need to. Healthy bodies, healthy minds


The Colour Monster - Emotions


People who help us. Visits from the community. The Colour Monster - emotions


The importance of family


Amazing bodies


Growing and changing


Year 2

What makes a happy friendship?


Strengths, abilities and stereotypes


Special people in our communities


The diversity of families


Staying safe and healthy


Growing up and setting goals


WE STRIVE TO DO OUR BEST

Year 3

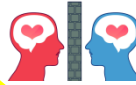
Being a good friend



Valuing and respecting one another



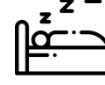
Responsibility and boundaries



Different types of committed relationships



Sleep, food and hygiene



Coping with feelings when things change



Year 4

Solving friendship difficulties



Identity and diversity



Relationships, Health Education Curriculum KS2

Year 5

Caring in the community



Celebrating strengths and setting goals



Changing friendships



Puberty and hygiene



Influences and personal choices



Families and other relationships



Rights and responsibilities



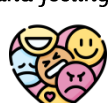
WE STRIVE TO DO OUR BEST

Year 6

Puberty and emotions



Relationships and feelings



Respectful behaviour online and offline



Responsible behaviour as we get older



Starting a family (sex education)



Being the best me



Coping with emotional effects of life changes

