



The Berkeley Academy

Laidon Avenue, Wistaston, Crewe, CW2 6RU
Head Teacher: Louise Gohr



April 2025

Calling all parents in Class 1 and 2!

We have now been asked to recruit families who have children who are already 5. So, if you have a child who is a fussy eater or you need support with your child's eating then you can take part!

The Berkeley, alongside the local Family Hub, has been asked to take part in some research exploring the impact of the parenting programme HENRY (Health, Exercise, Nutrition for the Really Young) on the challenges parents face when trying to provide a healthy lifestyle for their children.

If you would like to know more about the content of the HENRY parenting programme and the research trial, Hayley Antipas, the Public Health Development lead and HENRY expert will be coming into school on THURSDAY 24TH APRIL at 2.45pm. She will be in the Chancery meeting room and will deliver a short presentation about the programme. So please come along and ask any questions you want.

If you do agree to take part in the trial and HENRY programme, as an incentive, you will be given £15 'Love to Shop' vouchers at the beginning of the trial and the same at the end. All data collected is confidential, non-judgemental and not shared outside the research team so school do not see any of the data collected.

Many thanks for your support.

Kind regards,

Mrs H Sehné
(Centre Lead and Chancery Family Support)



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