



# The Berkeley Academy

Laidon Avenue, Wistaston, Crewe, CW2 6RU  
Head Teacher: Louise Gohr



22<sup>nd</sup> April 2025

Dear Parents and carers,

During the first week in October, we supported Childline by taking part in the Kindness Challenge. To continue to spread kindness in our school community we will be holding a 'Kindness Day' on Friday the 2<sup>nd</sup> May. The children will be completing kindness activities throughout the day, working with different teachers in their Key Stage to complete fun and exciting learning activities.



For your child's homework leading up to Kindness Day, we are asking the children to choose from a range of Kindness activities to complete (or they can think of their own), this can be completed at home or at school. Children will celebrate and share their kindness with each other in their classes on our 'Kindness Day'. The children can document their kindness in any form, for example, writing, drawing, taking photographs or creating a PowerPoint presentation. A list of kindness activities is attached to get you started on spreading kindness.

***A classroom that is characterised by acts of kindness will be an environment that is more conducive to learning. Not only will our classrooms be more peaceful, but the kindness we teach in our room can also spread around the school, creating a positive school culture. Kindness makes the person being kind feel better and have more confidence in themselves. And it makes the person receiving the kindness feel better about themselves.***

Let's all choose kindness and see what magic can happen!!

Thank you for your continued support

Miss Slater



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Registered Office: Excalibur Primary School, Ivy Lane, Alsager, Cheshire, ST7 2RQ

No act of kindness,  
no matter how small,  
is ever wasted.

Smile - it's infectious	Paint a kindness rock	Clean your room without being asked	Write a letter to someone	Bake a treat for someone
Say thank you	Help a friend with school work	Pick up litter	Put birdseeds out for the birds	Make a card for someone
Compliment someone	Make positive notes to share	Make someone laugh	Hold the door open for someone	Help out in the garden
Share your toys with someone	Write a letter to a far-away family member	<i>in a world where you can be anything. BE KIND.</i>	Tell someone you love them	Offer to help an adult make dinner
Tell a funny joke	Sit with someone new at lunch	Say 'please' and 'thank you' at all times	Recycle plastics and paper	Be kind to yourself!
Make someone a drink	Cheer up someone who is sad	Use kind words	Record a video message for someone you know	Spend time chatting to someone
Hug someone for 7 seconds (you need to time this one as it is longer than you think)	Tell a good tale about someone in your class (to an adult)	Ask someone to join in your game at playtime	Complete a random act of kindness	Can you think of your own act of kindness?



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